



**POCO DIABLO
RESORT**
SEDONA

MASSAGE MENU

Open 9:00 a.m. to 9:00 p.m. seven days a week.

Outside the resort, call 928-203-7333. Inside the resort, dial 0 to schedule your appointment.
Please call Rosemary Anderson, Massage Services Manager with any questions at 480-720-6853.

Hot Rocks and Massage Combo

60 minutes \$105.00 90 minutes \$135.00

Our combo special gives you the benefit of therapeutic massage and the deep relaxation of hot stones throughout your massage session. The smooth, heated basalt stones are used to massage your body, adding healing warmth to the session and help ease muscle tension and soreness. Incredible! Just ask for our 'hot rocks combo' when you book.

Deep Tissue Massage

60 minutes \$100.00 90 minutes \$130.00

This session is mostly for those who already include massage regularly in their lives and who appreciate a deeper touch. Specific concerns can be addressed using specialized techniques, designed to produce noticeable changes.

Classic Swedish Massage

60 minutes \$85.00 90 minutes \$120.00

Our traditional stress-busting massage incorporates a variety of massage techniques to promote relaxation, enhance skin tone, soothe tired muscles and improve circulation.

Massage has a positive impact on every major system of the body!

Seasonal Special

90 minutes \$135.00 120 minutes \$170.00

In harmony with each changing season, we have crafted a unique massage special. In springtime we offer our fresh 'Celebrate Spring' treatment; in the heat of summer you can delight in our 'Summer Citrus Cooler'; during the crisp days of fall come in for our inviting 'Trails End' and in the mild chill of our winter, you're sure to love our lavish 'Winter Wellness' massage. Pick up a flier in our resort lobby for details or call 6081.

Poco Deluxe Signature Massage Session

90 minutes only \$145.00

Our premium massage experience includes a range of modalities tailored to your individual needs. Your therapist will consult with you for the first few minutes, customizing your session. Based on their experience, training and intuition, your therapist will choose a selection from many classic massage techniques including light, medium or deep tissue work, healing energy modalities, reflexology and hot rocks. Give yourself the best!

Sedona Healing Energy Session

60 minutes \$85.00 90 minutes \$120.00

Thousands of visitors each year come to Sedona to experience its healing energy as well as its stunning natural beauty and tourist attractions. Personally experience one of our profound energy sessions. Our skilled therapists practice a range of light touch healing energy modalities. You may receive Reiki, Cranial Sacral, Polarity, Healing Touch or other gentle techniques.

This session is not a massage.

**In-room massages are offered for an additional \$15.00 per person, Poco King and Elite Spa rooms only.
Swedish, deep tissue and energy work only in-room.**

We have a two-hour cancellation policy.

Please call at least two hours before your massage time to cancel or reschedule, to avoid being charged.

Late arrivals will be given the remaining massage time and charged in full.